

MINUTES
UTAH
PROFESSIONAL COUNSELORS
BOARD MEETING

July 17, 2007

Room 402 – 4th Floor – 9:00 A.M.
Heber Wells Building
Salt Lake City, UT 84111

CONVENED: 9:14 A.M.

ADJOURNED: 3:11 p.m.

Bureau Manager:
Board Secretary:

Noel Taxin
Karen McCall

Board Members Present:

Linda S. Protzman
Dean Workman, Chairperson
Russell C. Gaede, Psy.D.
Gloria Miley

Board Members Absent:

Vacant Position

Guests:

Robert Snarr, Utah Mental Health Counselors
Association

DOPL Staff Present:

David Stanley, Division Director
Judi Jensen, AG

TOPICS FOR DISCUSSION

DECISIONS AND RECOMMENDATIONS

ADMINISTRATIVE BUSINESS:

MINUTES:

The minutes from the May 23, 2007 meeting were read.

Dr. Gaede made a motion to approve the minutes as read. Ms. Miley seconded the motion. **The Board vote was unanimous.**

The minutes from the June 11, 2007 meeting were read.

Dr. Gaede made a motion to approve the minutes as read. Ms. Miley seconded the motion. **The Board vote was unanimous.**

APPOINTMENTS:

10:00 A.M.

Deborah R. Clarence, Review Education and Experience for Professional Counselor Licensing

Ms. Clarence met with the Board for the review of her education and experience for licensure as a Professional Counselor.

Ms. Taxin notified the Board that Ms. Clarence applied for the Professional Counselor license. She then reviewed the application information with the Board. Ms. Taxin stated that Ms. Clarence came from Idaho. She explained that Ms. Clarence does not meet endorsement requirements of being licensed 3 years immediately preceding applying for licensure in Utah as she has only been licensed in Idaho since 2005. Ms. Taxin stated that the application must be reviewed for general requirements. Ms. Taxin informed the Board that Ms. Clarence has passed the Utah Law and Rule examination. She stated that she had some concerns regarding experience as Ms. Clarence worked for Vocational Rehabilitation in Idaho and is working at AETNA in Utah. Ms. Taxin stated that she gets mixed signals from AETNA as they require employees to be licensed but they are not a mental health agency and should not be doing therapy on the phone. She stated that a manager of AETNA reported that employees do referrals only.

Ms. Taxin explained that Ms. Clarence's forms were not completed correctly and had to be redone. She read the supervision information to the Board. Ms. Taxin pointed out that 1 supervisor started the supervision after being licensed only one year and supervision commenced prior to Ms. Clarence's graduation.

Mr. Workman stated that experience in Vocational Rehabilitation usually does not count as it is not a mental health agency as required. Mr. Workman also stated that Ms. Clarence has a number of classes that are in the vocational counseling area but not in mental health counseling.

Ms. Taxin asked if Ms. Clarence has taken the

required NCMHCE examination.

Ms. Clarence responded that she has taken the NCE and Utah Law and Rule examinations only but has registered for the NCMHCE.

Ms. Clarence stated that she understands that she is deficient some courses. She explained that she has been working in Vocational Rehabilitation and had to know vocational counseling regarding disabilities.

Mr. Workman asked if Ms. Clarence was conducting DSM assessments.

Ms. Clarence responded that she was doing DSM assessments. She explained that when she met with clients if additional testing was needed she referred them to Dr. Johnson and that is where his counseling came into play. She stated that if she was qualified she would refer the clients to someone who was qualified to conduct therapy. Ms. Clarence stated she did work with people who had physical disabilities prior to being licensed and then with people who had mental disabilities after she was licensed.

Ms. Taxin stated that Ms. Clarence applied for the Professional Counselor license and does not meet the requirements as she is short classes. She stated that Ms. Clarence may request the application be considered for the Extern license as that is the appropriate license to complete the education requirements.

Ms. Taxin asked the Board if they would accept Ms. Clarence past experience toward the requirement of the educational Internship.

Mr. Workman stated that he would consider the past experience if there was a letter from her supervisor that said she was in a mental health therapy setting and did assessments, set up treatment plans, did treatment, used the DSM diagnosing, etc.

Ms. Taxin explained that without the Internship course the Extern license cannot be issued as it is a

core component in the education.

Ms. Clarence asked if she would be required to complete the 4000 hours of supervised experience if she is able to produce a letter from her supervisor that states she was in a mental health therapy setting, did assessments, set up treatment plans and did treatment, used the DSM diagnosing, etc.

Ms. Taxin responded that Ms. Clarence will still have to complete the required 4000 hours of supervised experience.

Ms. Taxin stated that the Division will hold the application for 30 days to give Ms. Clarence time to contact her previous supervisor regarding writing a letter.

Dr. Gaede made a motion to offer Ms. Clarence the Extern license based on receipt of a letter from her supervisor stated that she did mental health therapy and interventions for the hours to count toward the Internship education requirement. Dr. Gaede continued that if Ms. Clarence is able to locate verification of completing the classes in Individual Theory and Human Growth and Development the Board would recommend issuing the Intern license.

Ms. Protzman seconded the motion.

The Board vote was unanimous.

Mr. Workman explained that if Ms. Clarence is unable to document classes in Individual Theory and Human Growth and Development she could apply for the Extern license if she can verify completion of the Internship and it is approved by the Board/Division. He also stated that if Ms. Clarence is unable to obtain a letter verifying the hours the Board would count toward the Internship then she will have to complete an education Professional Counselor Internship prior to applying for the Extern license.

Ms. Clarence clarified that she could work as a mental

health therapist with the Extern or Intern license.

Mr. Workman confirmed that the Extern and the Intern license are issued for the individual to work as a mental health therapist while under an appropriate supervisor. He clarified that the hours worked as an Extern will not count toward the requirement of 4000 hours while an Intern.

Ms. Clarence responded that she understands. She asked for guidance regarding an Internship if she is unable to obtain a letter from her supervisor as most schools will not allow someone to take only an internship course.

Ms. Taxin stated that Ms. Clarence is correct in that most schools will not allow someone to take only an internship course. She stated that Ms. Clarence will need to contact the Utah Universities and research the requirements for a counseling internship.

Mr. Workman stated that the Board's experience is that Westminster and University of Utah will not allow individual courses but the University of Phoenix might be able to assist Ms. Clarence. He stated that the University of Phoenix is a CACREP accredited program and courses taken there are accepted.

Ms. Clarence asked where the National Certification come into the equation in Utah. She stated that she does have the National Certification and thought it would be accepted by Utah.

Mr. Workman responded that National Certification is not being considered in Utah at this time.

Ms. Taxin reminded Ms. Clarence that she has 30 days to submit the information for review. She stated that if the information is not submitted within 30 days Ms. Clarence application will be denied.

10:30 A.M.

Erin Pratt, Reconsider Application for Extern License

Ms. Pratt met with the Board for reconsideration of her application for Extern licensing.

Mr. Workman introduced the Board, Division staff and Judi Jensen, AG.

Ms. Pratt stated that she was informed that she is deficient 2 semester hours or 3 quarter hours in the area of Individual Theory and deficient 3 semester hours in the area of Human Growth and Development. She stated that she believes she has completed both of these areas. Ms. Pratt distributed course syllabi and a letter from her professor that was a more detailed course description of the 2 courses.

Upon completion of reviewing the information Dr. Gaede made a motion to accept course Psyt 752 as meeting the requirement for Human Growth and Development.

Ms. Miley seconded the motion.

The Board vote was unanimous.

Ms. Protzman made a motion to accept Psyt 6012 as meeting the requirements for Individual Theory.

Ms. Miley seconded the motion.

The Board vote was unanimous.

Ms. Pratt thanked the Board and stated that she is not arguing that she is deficient 1 semester hour in the area of Cultural Foundations, Deficient 2 semester hours or 3 quarter hours in the area of Foundation course in Test and Measurement Theory, deficient 2 semester hours or 3 quarter hours in the area of Advancement of Mental Status and deficient 200 hours in the area of the Internship.

Ms. Taxin requested Ms. Pratt to update the Board on the additional education courses.

Ms. Pratt responded that she had investigated what school will allow her to take specific courses without

enrolling in a degree program. She stated that the University of Phoenix will not allow her to complete individual courses but she did find Prescott in Arizona. She stated that they CHEA accredited but not CACREP accredited. Ms. Pratt stated that the courses are designed to meet the CACREP requirements. She requested the Board to approve Prescott so that she knows the classes will be accepted before she moves forward and completes the courses.

Ms. Taxin reminded the Board that the Utah Law requires a CACREP accredited program and does not allow for a CHEA accredited program. She stated that the Board could approve the program if they believe it is an equivalent program.

Ms. Pratt responded that she was not aware that the Utah Law requires a CACREP accredited program. She asked if that means that future application will be denied if the school program is not CACREP accredited.

Ms. Taxin responded that the current Laws and Rules do require a CACREP accredited education program. She stated that further discussion will take place today regarding the education requirements.

Ms. Pratt asked if she could have a letter from the Board/Division that verifies that Prescott classes are approved for her.

Ms. Taxin responded that if the classes are approved a letter of verification will be written.

Ms. Taxin stated that she understands that there were more applications from CHEA accredited programs submitted than from CACREP accredited programs. She explained that Debra Hendren, the previous Bureau Manager, accepted the CHEA accredited education programs. Ms. Taxin recommended Ms. Pratt contact Don Beck at the University of Phoenix.

Ms. Protzman stated that she and Dr. Gaede reviewed the courses offered at Prescott University

which is CHEA accredited. She stated that the course descriptions and syllabi for Cultural Foundations, for Tests and Measurements Theory and for Advanced Courses in Assessment of Mental Status will meet the Utah requirements.

Ms. Protzman made a motion to accept the Prescott University courses for Cultural Foundations, for Tests and Measurements Theory and for Advanced Courses in Assessment of Mental Status.

Ms. Miley seconded the motion.

The Board vote was unanimous.

Ms. Pratt thanked the Board for meeting with her and for re-considering her courses. She stated that she will contact Don Beck at the University of Phoenix again prior to committing to Prescott University. Ms. Pratt stated that if University of Phoenix does not allow her to complete the courses she will attend Prescott University.

11:00 A.M.

Jeanie Erikson, Webster University Education Review

Ms. Erikson met with the Board for review of the Webster University Education program to determine if it will meet Utah's requirements for licensure as a Professional Counselor.

Mr. Workman introduced Board members and Division staff.

Mr. Workman asked Ms. Erikson if the Webster University program will be a course with an emphasis in Marriage and Family Therapy (MFT) as MFT courses fit better for the MFT licensing. He stated that CACREP has a Marriage, Couples and Family Counseling program and a Mental Health Counseling program.

Ms. Erikson responded that she went to the DOPL website and reviewed the Laws and Rules and matched up the MFT education program. She stated that it would be easier on her if each Board approved their program for both the MFT licensing and the Professional Counselor licensing. Ms. Erikson stated

that Webster University is trying to make the MFT program meet the CACREP accredited program.

Mr. Workman stated that an emphasis in School Guidance and Counseling and Community Counseling will not meet the Professional Counselor education requirements.

Ms. Erikson responded that she put the program standard together as she understood them. She explained that there are 2 programs on her graph. Ms. Erikson stated that the Webster University program needs electives.

Mr. Workman explained that one course cannot be counted in 2 areas.

The Board commented that the content of COUN 5800 would only cover Ethics but between COUN 5020 and 5800 the areas of Ethical Standards, Issues, Behavior and Decision-Making would be completed.

Ms. Erikson responded that she might be able to change some of the content to be sure all areas are covered but the course catalog has already been printed.

The Board reviewed each course to determine if the breadth and depth content is enough to meet Utah's requirements. The Board recommended several minor changes to the program.

Dr. Gaede made a motion to accept degrees from Webster University for licensure as a Professional Counselor based on minor revisions and receiving the syllabi with the minor revisions.

Ms. Protzman seconded the motion.

The Board vote was unanimous.

Ms. Erikson asked what the turn around time is in reviewing applications.

Ms. Taxin responded that it is usually within a

week from the date the application has been received but can be up to 2 or 3 weeks. She explained that if there are questions regarding the education or experience then the application may need to be reviewed by the Board and the Board meets every other month. Ms. Taxin recommended Ms. Erikson refer individuals to the DOPL website for the application, Laws and Rules.

Mr. Workman asked if Ms. Erikson would accept individuals from other programs who may need to pick up specific courses to complete the Utah requirements.

Ms. Erikson responded that she would allow individuals to complete specific course for Utah requirements.

11:30 A.M.

Amber Carlston, Discuss Licensing/Education Issues

Ms. Carlston met to discuss licensing and education issues.

Board members and Division staff were introduced.

Ms. Taxin explained to the Board that Ms. Carlston has not submitted an application to be reviewed. She stated that Ms. Carlston has completed a School Counseling degree from Utah State University and this review is unofficial.

Ms. Carlston explained that she has a list of the courses she completed at the University of Phoenix. She stated that she has worked in the Logan area doing School Counseling with high risk children. Ms. Carlston explained that she applied for the University of Phoenix Mental Health Counseling program but was required to complete an introduction program before she could take the clinical courses. She stated that she had already completed the courses in the introduction program and did not see a benefit to retaking the courses. Ms. Carlston stated that when she contacted Don Beck at the University of Phoenix he had informed her that he had met with Ms. Taxin and was no longer interested in doing bridge programs for people who do not have all the courses. She stated that Dr. Beck informed her that she would be required

to complete the 3 year mental health counseling program. She stated that Dr. Beck told her to call Ms. Taxin for other options. Ms. Carlston stated that Dr. Beck called her a few days ago and informed her that he thinks he will be able to work with her on the deficient courses as he had talked with Ms. Taxin. Ms. Carlston stated that she is currently working in Magna, Utah, at a facility but is not doing any mental health therapy. She stated that she is quite confused as the Laws and Rules stated that School Counseling does not qualify for a Professional Counselor license but she understood that she could apply for the Extern license and complete the deficient courses. Ms. Carlston stated that she has done some research and could get into some Capella on-line courses quickly. She stated that Dr. Rodriguez at the University of Utah will allow her to start classes in January. Ms. Carlston stated that she has a strong ability to work with youth but the messages on licensing are not clear to her.

Mr. Workman responded that he has also talked with Don Beck at the University of Phoenix. He stated that Dr. Beck had voiced concern with the Division/Board and University of Phoenix no being on the same page regarding specific courses meeting requirements.

Ms. Taxin responded that the Laws and Rules do not always have the exact match of course names. She stated that the education advisors at the Universities should be able to review transcripts and course descriptions to match courses with the Laws and Rules. She stated that the Board could scan quickly through Ms. Carlston's information and give an informal recommendation regarding deficient areas.

Ms. Carlston stated that Dr. Beck has confirmed that her practicum and internship will not count.

Mr. Workman read the definition of the practicum and the internship and responded that the placements must be in a mental health therapy setting with 360 hours that are direct care hours with individual clients.

Ms. Taxin explained that the other hours are to be in the practice of mental health therapy but could be in groups.

Mr. Workman stated that the Board has allowed some school counseling internship hours if the setting was mental health therapy.

Ms. Carlston responded that some hours were in a mental health therapy setting.

Ms. Taxin explained that Ms. Carlston would be required to submit documentation that she completed mental health therapy hours and that they were supervised by a licensed mental health therapist.

Ms. Carlston stated that she knows she is deficient in the following areas:

1. Deficient 2 semester hours or 3 quarter hours in Ethical Standards, Issues, Behavior and Decision-Making.
2. Deficient 2 semester hours or 3 quarter hours in Professional Roles and Functions, Trends and History, Professional Preparation Standards and Credentialing.
3. Deficient 2 semester hours or 3 quarter hours in Individual Theory.
4. Deficient 2 semester hours or 3 quarter hours in Group Theory.
5. Deficient 6 semester hours or 9 quarter hours in Human Growth and Development.
6. Deficient 3 semester hours or 4.5 quarter hours in Cultural Foundations.
7. Deficient 2 semester hours or 3 quarter hours in Dysfunctional Behaviors.
8. Deficient 2 semester hours or 3 quarter hours in Foundation Course in Test and Measurement Theory.
9. Deficient 3 semester hours or 4.5 quarter hours in a Practicum in a supervised counseling experience.
10. Deficient 6 semester hours or 9 quarter hours in the Internship, of which 900 clock hours are supervised counseling experience with 360 hours that must be in the provision of mental

health therapy.

Mr. Workman stated that Ms. Carlston is also deficient in the following area:

- 1. Deficient 3 semester hours or 4.5 quarter hours in Research and Evaluation.**

Ms. Taxin stated that it appears that Ms. Carlston already is aware of her deficient coursework and knows what courses she needs to complete.

Ms. Carlston asked what courses go into the 17 electives area.

Ms. Taxin explained that other classes she has taken will be put into this category.

Ms. Carlston asked if courses from Webster University would be accepted and if they would work with her to complete the specified courses.

Ms. Taxin responded that Ms. Carlston could call Ms. Ereksen at Webster University as the courses will meet the Utah requirements.

Ms. Carlston asked if courses taken through Capella will meet the education requirements.

Mr. Workman responded that the Capella courses will meet the Utah requirements.

12:00 P.M. to 1:00 P.M.

LUNCH BREAK

APPLICATIONS:

Annette Milner, Review Application and Education for Extern License

The Board reviewed Ms. Milner's application for Extern licensing.

The Board determined Ms. Milner is deficient in the following areas:

- 1. Deficient 2 semester hours or 3 quarter hours in Individual Theory.**
- 2. Deficient 6 semester hours or 9 quarter hours in the Internship.**
- 3. Deficient 3 semester hours or 4.5 quarter hours in the Practicum.**

The Board recommended the Extern license be denied based on deficiencies in the Practicum and Internship making it unsafe for Ms. Milner to practice mental health therapy.

Ryan Judson, Review Application and Education for Extern License

The Board reviewed Mr. Judson's application for Extern licensing.

Following the review the Board noted Mr. Judson is deficient in the following areas:

- 1. Deficient 2 semester hours or 3 quarter hours in Professional Roles and Functions, Trends and History, Professional Preparation Standards and Credentialing.**
- 2. Deficient 2 semester hours or 3 quarter hours in Psychopathology and DSM Classification.**
- 3. Deficient 2 semester hours or 3 quarter hours in Advanced Courses in Assessment of Mental Status.**
- 4. Deficient 6 semester hours or 9 quarter hours in the Internship. Utah requires 900 clock hours of supervised counseling experience of which 360 must be in the provision of mental health therapy. The Board noted that Mr. Judson has completed 623 total clock hours of an Internship.**

The Board recommended the Extern license be denied based on deficiencies in the pre-requisite courses of Psychopathology and DSM, Advanced Courses in Assessment of Mental Status and the Internship to practice mental health therapy safely. The Board recommended Mr. Judson complete the courses and then submit an application for the Intern license.

DISCUSSION ITEMS:

Law and Rule Review

Ms. Taxin explained that Robert Snarr from the Association submitted proposed changes to the Rules in the area of education requirements for the Board to review. Ms. Taxin stated that she will also review the proposal with Judi Jensen, AG.

Ms. Taxin stated that the Board has discussed the issue of what classes would be required to safely practice as an Extern and the number of classes they may be deficient to be issued an Extern license.

Ms. Taxin stated that another issue to discuss is the students taking the NCE prior to graduation as CACREP allows for the examination prior to graduation when Utah Laws and Rules require all examinations to be taken after graduation. She stated that the Division received an application about a month ago documenting the NCE being taken prior to graduation. Ms. Taxin stated that this was the first application she and her staff have noticed with this situation. She stated that she issued the license based on the applicant doing well on the examination and in school. She stated that the following week a phone call came in with the same situation and the Dr. Beck called and said he has 20 students that have already registered for the NCE as CACREP allows for the examination to be taken prior to graduation.

Ms. McCall commented that there is difference between CACREP allowing for the examination to be taken prior to graduation and requiring the examination to be taken prior to graduation.

Ms. Taxin responded that Ms. McCall was correct and she does not know if it is allowed or required.

Ms. Taxin requested the Board to review and discuss Mr. Snarr's draft. She explained that if the Board agrees with the proposed language it would have to be written in the accepted Rules format.

Mr. Workman stated that the Association is struggling with the University of Utah providing a masters degree from the Educational Psychology Department in Mental Health Counseling. He stated that the coursework does not say Professional Standards but does say Professional Standards of Psychologists and Counselors. He asked if the Board wants the course name to be more specific. Mr. Workman stated that the Professional Counselor Board is trying to take out degrees in School Counseling, Educational

Psychology and Social Work. He asked if the Board wants to exclude Psychology Ethics also. He stated that the U of U wants to make sure the ethics courses are separate courses.

Dr. Gaede stated that he is more comfortable with Clinical Psychology or Counseling Psychology courses as they align more closely with the Professional Counseling courses than other professional courses.

Ms. Protzman commented that it appears the profession is moving toward a locked-in program.

Ms. Taxin responded that a locked-in program is not really the decision of the Utah Board or the Utah Association but would be the decision of the Universities. She stated that Professional Counselor licensing is the melting pot profession for individuals who do not meet the education requirements for other mental health therapy licenses. She stated that if the Board and Association do not want this to continue to be the melting pot then the education needs to be more specific. Ms. Taxin stated that Dr. Beck has been willing to review transcripts and to discuss issues with her. She stated that if the Board and Division are giving information to applicants that conflicts with Dr. Beck's recommendations it puts him and us in an awkward position.

Mr. Snarr commented that the proposed changes in the education were presented to the Association Board on Saturday.

Mr. Snarr referred the Board to R156-60c-302a. Qualifications for Licensure – Education Requirements, where he has included “if the program is not CACREP, then it should be Council for Higher Education Accreditation (CHEA) accredited.” He then reviewed R156-60c-302(4) which reads: “It is the individual's specific course work as outlined above and not their degree that qualifies the applicant for practice as a professional counselor. The following degrees are examples of programs that do not prepare a person to competently engage in mental health therapy: Career Counseling, College Counseling,

Community Counseling, Gerontological Counseling, School Counseling, Student Affairs, Rehabilitation Counseling, Music Therapy, Art Therapy, Dance Therapy, Marriage and Family Therapy, Social Work, Educational Counseling, Educational Psychology, Transpersonal Counseling or Psychology, or master's degrees in Psychology.” He stated that this will give the Board and Division the authority to continue to review transcripts to determine if the education meets Utah’s requirements.

Ms. Jensen commented that the 2 areas are in conflict with each other. She stated that any education could have a patch of additional specific courses to qualify for licensure where those with a degree in mental health counseling must have the CACREP accredited education. She stated that if the proposal is approved it will make it easier to be licensed with additional courses than with the CACREP accredited degree. Ms. Jensen recommended the Board consider language that would require all classes be accredited by CACREP or CHEA. She stated that the burden on the Division staff to review each syllabi and course description and to try to match the courses to the requirements is a horrendous burden. Ms. Jensen stated that if the Board decides to use CACREP or CHEA accreditation only would be a short cut for the Division staff as it would indicate that the courses meet a specified criteria for licensing.

Mr. Snarr stated that he recommends all examples be taken out of the Rules as the Association determined the examples are not clear. He stated that if someone submitted transcripts with a music degree or art degree they could say they believe their courses meet the requirements as listed in the examples.

Ms. Protzman commented that the examples have made reviewing the course descriptions and syllabi easier for the Board to determine where the courses fit and if they meet requirements.

Mr. Snarr responded that in the examples it indicates that courses in social work and marriage and family therapy prepare a person to do mental health therapy.

Mr. Workman clarified that social work and marriage and family therapy degrees do qualify for those licenses and they do mental health therapy but the courses do not qualify for licensure as a Professional Counselor.

Mr. Snarr responded that maybe the Rules should say that the social work and marriage and family therapy degrees do not qualify for Professional Counselor licensing.

Ms. Jensen suggested the Board consider stating clearly that a basic education in mental health counseling is required to be licensed.

Mr. Workman responded that the education listed is in accordance with the CACREP education requirements.

Ms. Taxin commented that the Association writes the Law and the Division in collaboration with the Board writes the Rules.

Ms. Taxin brought up the issue of the CACREP allowing the NCE examination to be taken prior to graduation and the Utah Law requiring all examinations to be taken after graduation. Ms. Taxin stated that if the CACREP guidelines are that they allow the examination to be taken prior to graduation the Law could be left as it currently is but if students must take the NCE examination to graduate then it conflicts with the Utah Law.

Ms. Taxin stated that the Utah LSAC Association is looking at opening the Mental Health Therapy Practice Act to make some necessary changes and the Utah Professional Counselors Association might be able to use the same sponsor to do some changes in their section of the Law.

Dr. Gaede asked how many students have taken the NCE examination prior to graduation.

Ms. Taxin responded that she does not have the numbers.

Ms. Jensen stated that the Board might consider allowing the examinations to be taken after the education requirements have been completed and before graduation as the examinations are only available 4 times a year.

Ms. Taxin stated that using the name Resident would be confusing as Psychologists use the term for post graduation licensees.

Ms. Jensen responded that she believes the Board could clarify the Extern requirements by Rule. She stated that the internship is clarified in the coursework and training. Ms. Jensen suggested the Extern be given a distinguishing name so the difference between education and the license are clear.

Mr. Workman suggested the Certified Professional Counselor Intern name be changed to a Certified Professional Counselor Resident.

Ms. Taxin suggested the Extern license be called a Post Graduate Internship.

Ms. Taxin recommended the Board take the draft and review it for additional comments at the next scheduled Board meeting.

Dr. Gaede recommended the Board also review the Law and be prepared to give the Association any recommendations for changes.

Mr. Workman requested the Board to specifically review 58-60-406 which is the examination requirement.

Ms. Taxin asked the Board to consider the timeframe limit on the CSW Intern license. She stated that the Certified Social Worker license is equivalent to the CPCI. She explained that the CSW license may be renewed every 2 years forever if the licensee never chooses to apply for the LCSW. Ms. Taxin stated that most CPCI licensees request an extension of their license to complete their hours or the examinations. She stated that she has not denied any extension requests but would like clarification. Ms. Taxin stated

that she believes it would be fair to issue the license for 3 years and then allow them to renew every 2 years there after. She explained that the CPCI could work hard and get the hours within the 3 years but if they are unable to complete the hours within the 3 year time frame they would have to renew every 2 years until the hours are complete. She stated that maybe certain exceptions could be presented to the Board for a possible extension.

Mr. Snarr responded that he believes there should be a specific time limit such as 10 years maximum.

Mr. Workman recommended the examinations be required within the first 3 years and retake if licensing requirements have not been met within a specified time.

Ms. Taxin disagreed with Mr. Workman. She stated that a requirement to retake the examination would be a hardship consequence for people that might have life threatening or learning disability issues. She stated that as long as she retains an active license she does not have to retake the test but if her license expires then she would be required to retake the test. She stated that tests change and applicants are already stressed by trying to complete requirements. Ms. Taxin stated that the Board could consider allowing a CPCI to be a CPCI forever, as long as they continue to renew the license, but if they complete their hours and cannot pass the test it would be a concern to her. She recommended applicants complete the examinations right after graduation. Ms. Taxin stated that taking the examination after graduation sends the message that the education is important and then the focus moves to completing the internship. Ms. Taxin stated that some employers will pay the fee for the examinations while the employee is a CPCI. She stated that it would be to the employers benefit to have the examinations completed.

Ms. Taxin requested the Board to review 58-60-404, the licensing classifications. She recommended a number 3 be included that lists the classification of a Professional Counselor Extern so it is clear that there is an Extern option or write in that the Professional

Counselor does not have the Extern option.

Mr. Workman asked Ms. Taxin to explain endorsement requirements.

Ms. Taxin explained 58-60-115, the endorsement requirements. She stated that she believes the endorsement requirements should remain as they currently read. Ms. Taxin recommended she and the Board review 58-60-405 to be sure the Board has the authority to write Rules for clarification such as add “as defined by Rule”.

Ms. Taxin recommended the Board and Association review 58-60-405(1)(d)(i), as that is where they will find the authority to define in the Rules the education courses. She asked if the Board and Association want to continue to allow applicants to piece meal the additional courses.

Ms. Taxin reviewed 58-60-405(1)(e), as that is another section that refers to being defined by Rule. She stated that this section defines the 4000 hours of supervised experience and recommended it be left as it currently reads.

Ms. Taxin explained that the Professional Counselor Law allows for any mental health therapist to supervise. She stated that these other mental health therapists are supervising but have usually not read the Professional Counselor Laws and Rules.

Ms. Taxin pointed out that the Law states a CACREP accredited program in mental health counseling is required by Law under 58-60-405(1)(d)(i), but the Board has also accepted CHEA accredited programs if they have the courses as listed in the Rules and then reviewed all transcripts. She stated that the courses could be accepted but the applicant also needs the accredited program.

Ms. Taxin moved on to the CE requirements and asked the Board if they want the CPCI's to complete CE requirements to renew their license if they do not complete their 4000 hours of supervised experience within the 3 years. Ms. Taxin suggested there be no

CE requirements for the first 3 years and then require a specified number of CE if the CPCI has to renew or extend the license, thereafter.

Mr. Snarr responded that the intern should focus on learning and completing their 4000 hours of supervised experience instead of focusing on completing CE. Ms. Taxin reminded the Board of the meeting with all the Mental Health Therapy Professions and at that meeting it was recommended that only 40 hours a week be accepted toward the supervised hours.

Mr. Workman commented that the wilderness programs find the 40 hours a week a problem as they are with their clients 24 hours a day, 7 days a week.

Ms. Taxin suggested the hours be defined by Rule.

Mr. Snarr recommended the Board consider the Extern licensee must not be deficient more than 2 classes.

Ms. Taxin responded that the Extern requirements are in the general portion of the Law. She stated that it currently states “has one or more deficiencies in course work, experience, or training”. She stated that if the Board will let her know the language they recommend she will review it with the other mental health therapy Boards.

Ms. Taxin stated that the Professional Counselors could include in their section of the Law that the Extern cannot be deficient more than 2 courses as defined by Rule. She stated that the Board would then have the authority to write a Rule regarding specific deficiencies.

Ms. Taxin stated that the Social Work profession does not use the Extern licensing. She stated that there are a few MFT Externs but the MFT profession does not have the amount of issues that the Professional Counselor profession has with Externs. She stated that LSAC’s are not included in the general section of the Law but now have a category of Extern licensing in their own section.

Mr. Snarr proposed the Association draft of suggested changes to the Law for the Board to review. He stated that he would like the Board to consider some changes in the Rules. He explained that he proposed examples be taken out of the Rules but now thinks they should be left in the Rules.

Mr. Snarr recommended the Board consider retaining the examples in R156-60c-302a(2)(e), (g), (l). He then recommended (k) read: a minimum of two semester or three quarter hours shall be in psychopathology and DSM classification and assessment.

The Board agreed with the recommendation.

Mr. Snarr recommended (n) read: a minimum of two semester or three quarter hours shall be in an advanced course in the assessment of mental status of DSM Axis I and Axis II disorders.

The Board agreed with the recommendation.

Mr. Snarr recommended (4) read: It is the individual's specific course work as outlined above and not their degree that qualifies the applicant for practice as a professional counselor. The following degrees are examples of programs that do not prepare a person to competently engage in mental health therapy: Career Counseling, College Counseling, Community Counseling, Gerontological Counseling, School Counseling, Student Affairs, Rehabilitation Counseling, Music Therapy, Art Therapy, Dance Therapy, Education Counseling, Educational Psychology, Transpersonal Counseling or Psychology, or master's degrees in Psychology. Applicants who have one of these degrees or comparable degrees and who subsequently return to college and complete the classes which have been included in the Mental health Counseling degree and as outlined in Subsection (1) and (2), may request the Division and the Board to consider their education as equivalent to the requirements for licensure. Upon completion of this equivalent education requirement, the applicant may be granted a license as a certified professional counselor intern under Subsection 58-60-405(2).

He recommended that (5) read: An applicant who has met the degree requirements under Subsection (1) which prepares one to competently engage in mental health counseling that includes ethics – Subsection (2)(a), treatment therapeutic methods and interventions in initiating, maintaining, and terminating therapy – Subsection (2)(h), and DSM classification and assessment – Subsection (2) (k), but who is deficient in no more than three of courses, provided in Subsection (2) may be granted an externship professional counselor license under Section 58-60-117.

Ms. Taxin responded that she will check the references to be sure they are correct. She stated that R156-60c-303 is where the renewal cycle is located and R156-60c-304 is the CE requirements.

Ms. Taxin stated that under the supervision area the Professional Counselor Law allows for any mental health therapist to supervise. She pointed out that this section allows the mental health therapist supervisor to supervise no more than 3 CPCI's at any given time. Ms. Taxin stated that there is an LCSW who is supervising an LSAC, a CSW Intern and a CPCI. She stated that the LCSW has requested approval to supervise another CPCI. Ms. Taxin explained that when a supervisor is cross training they really need to be aware of the different specific Laws and Rules to be sure they are supervising correctly.

Ms. Taxin requested Mr. Snarr to provide a draft after he has made the recommended changes. She stated that she will then have the Division attorneys review the document to be sure there are no conflicts.

Mr. Snarr responded that he will try to provide a draft within the next couple of weeks.

Board members and Ms. Taxin thanked Mr. Snarr for his efforts and assistance.

CACREP Examination Requirements

Global Definitions of Levels of Supervision

Mr. Stanley explained that he met with the Legislative

Administrative Rules Committee who gave him a global definition for supervision and requested he have the Boards review their Laws and Rules to try to standardize their definitions. Mr. Stanley stated that the Board may adopted the definitions for direct supervision, indirect supervision and general supervision, or they may recommend adopting the definitions with modifications. Mr. Stanley recommended the supervision be addressed at the 2008 Legislative session if the Board wants to make any recommendations since the Law is being opened. He stated that the Board could define by Rule or could recommend the supervision remain as it currently is. Mr. Stanley requested the Board to review the Rules to be sure the definitions are clear and be prepared to make a recommendation by October 2007.

The Board agreed to review the definitions of supervision.

FYI

Ms. Taxin notified the Board that Jaynee Cadrez surrendered her license. She read the facts regarding Ms. Cadrez not meeting the education requirements and was denied licensure at one point and then Ms. Cadrez reapplied by endorsement. She stated that it appeared everything was in order and the license was issued. Ms. Taxin explained that Ms. Cadrez began working prior to be licensed, had a romantic relationship with a client, had submitted false documentation from Washington regarding endorsement requirements. She stated that Ms. Cadrez agreed to surrender her license based on not meeting licensing requirements.

Mr. Workman recommended Ms. Taxin notify Washington State of Ms. Cadrez situation.

Ms. Taxin responded that the information is submitted to a National data base.

CORRESPONDENCE:

Daniel Johnston's request to Review Experience

The Board reviewed Mr. Johnston's experience and determined the experience would not count toward the required 4000 hours of supervised mental health therapy experience. The Board noted Mr. Johnston

Roderick V. Johnson Letter requesting
Supervision Approval

wanted more than 40 hours a week to count, hours obtained prior to licensure to count and hours not in a mental health therapy setting which did not include any mental health therapy to count.

Ms. Taxin read Mr. Johnson's, LCSW, letter requesting approval to supervise another person. Ms. Taxin stated that Mr. Johnson would be supervising a CPCI who has also requested an extension to complete her hours as she is not certain that she really wants to be a Professional Counselor. She stated that Mr. Johnson is also supervising 3 CSW's. Ms. Taxin stated that the Social Work Board approved the 1 additional person to supervise with reservations as Mr. Johnson also has 35 clients of his own per week. She stated that one CSW Intern will be leaving the agency soon as they are unable to pass the examination to be licensed as a CSW.

Mr. Workman responded that it appears to be an overload for Mr. Johnson. He stated that there is no reason to deny the request but there are warning signs that it is an overload.

Board members agreed.

Ms. Taxin stated that she will notify Mr. Johnson that the Professional Counselors Board has also approved the request with reservations as it appears to be an overload with his person caseload.

NEXT MEETING SCHEDULED FOR:

September 18, 2007

ADJOURN:

The time is 3:00 pm and the meeting is adjourned.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

September 18, 2007
Date Approved

(ss) Dean Workman
Chairperson, Utah Professional Counselors Licensing
Board

August 23, 2007
Date Approved

(ss) Noel Taxin
Bureau Manager, Division of Occupational &
Professional Licensing